

Southern Regional 9/10 High School June 2019

Questions, comments or concerns contact: Gary Haddad,
Food Service Director at 609- 597-9481 Ex. 4369

DELI

Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some of Our Fast
Take Sandwiches

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily
Assorted Wraps, Rolls and Bread

Breakfast Served Daily 7:30 – 7:40
Available to ALL.

Daily and Weekly Salad Specials

Week 1
Romaine Salad
Week 2
Spinach Salad
Week 3
Romaine Salad
Week 4
Spinach Salad

SALADS

Week 1: Garden Salad w/ Cheese
Week 2: Chef Salad
Week 3: Chicken Caesar Salad
Week 4: Buffalo Chicken Salad
Week 5: Power Bowl

GRILL

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded
Chicken w/ Grain, Chicken Patty Sandwich

Monday: Jersey Burger
Tuesday: Rib O Que Sandwich
Wednesday: Chicken Bacon Cheddar Sandwich
Thursday: Bacon Cheese Burger
Friday: Pork Roll & Cheese on a Kaiser

Everyday Choices

PIZZA

Cheese And Pepperoni Pizza Plus Specialty Pizzas

Monday: Veggie Tuesday: Buffalo Chicken
Wednesday: White Pizza Thursday: Sausage Friday: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



6/3 Loaded Tots w/ Toppings & Buttermilk Biscuit Carrot & Celery Sticks w/ Dip	6/4 Triple Dipper Tuesday Popcorn Chicken, Pretzel & French Fries	6/5 Homemade Mac & Cheese w/ Garlic Bread Sautéed Spinach 	6/6 Taco Supreme w/ Hard or Soft Tortilla Spanish Rice Seasoned Beans	6/7 Mozzarella Sticks w/ Marinara Carrot & Celery w/ Dip
6/10 Chicken Sticks w/ Grain Smiley Fries Carrot Sticks w/ Dip	6/11 Final Exams No Meal Service	6/12 Final Exams No Meal Service	6/13 Final Exams No Meal Service	6/14 Congratulations Class of 2019
6/17 Have a Nice Summer	6/18	6/19	6/20	6/21
6/24	6/25	6/26	6/27	6/28
Breakfast Available to All: Students Full: \$1.75 Reduced: \$.30 Adult: \$ 2.25				Lunch Available to All: Students Full: \$2.95 w/ Fries: \$3.40 Reduced: \$.40 Adult A la Carte: \$3.40

Veggie Bar Offered Daily
Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers